

# February 26, 2012 First Sunday of Lent

Parish Life Director: Sister Linda Hogan csj 623-3021  
Property Manager: Ms. Judith Rozell 222-4140

Sacramental Minister: Rev. Paul C. Cox 656-9464  
Pastoral Assistant for Administration and RCIA: Mrs. Gail DeMarsh 744-9241

Bookkeeper: Ms. Dawn Brunner 623-3021 (Tuesdays)

## WE GATHER

Saturday 5:45P "Something Italian" (Cabin Fever Event)  
Sunday 10AM Eucharist  
11AM NO Faith Formation this week—see you next!

Tuesday **Communion Service / Adult Home**  
11:30A Gathering Place ..Presbyterian Ch.  
7:30P Youth In Mission Meeting, Narthex  
8P AA Jaracz Hall

Wednesday 10A Morning Prayer and Communion  
10:30-11:15A Heart of Christ Retreat  
6PM Stations 6:30Soup 6:40 Heart of Christ  
Retreat

Thursday 12N AA Jaracz Hall

Friday 9AM Eucharist  
11:30A Gathering Place ..Presbyterian Ch.

Next Sunday Yes, there is Faith Formation.... "Super Son Day"  
Mission Trip Raffle Drawing  
Is Forgiveness Possible??? 2-5P OLA

March 10 Confirmation Retreat  
March 24 Liturgical Ministers' Workshop—Saratoga  
April 21 Spaghetti Dinner Fundraiser for Youth On Mission  
April 27 Roaring Twenties Evening.... Highland CC ...NCM  
May 6 10A First Communion!

## WE SERVE

(This is our family. Let's help.)  
Check Out [www.mitohopeandhelp.com](http://www.mitohopeandhelp.com)

### SHARING TREASURE.

Thank you to the folks who support Saint Cecilia's financially.  
Last weekend, the contributions were as follows:  
Sunday Collection = \$1582 (Make Up = \$165)  
Outright donations = \$140  
North Country Ministry = \$25  
Mission Trip donations via envelopes = \$45  
Fuel Donations = \$30  
Faith Formation = \$170  
Alms for MITOHOPEANDHELP = \$200  
Sales MITOHOPEANDHELP = \$50  
Youth on A Mission "Wing Off" = \$464

### SHARING TIME AND TALENT

- Thank you to the environment committee who continue to plan for and prepare our Lenten Worship Space.
- Thank you to the music ministers who are practicing and planning for Lent / Triduum.
- Mr. Mike (Mike Glebus) who repaired the hot water problem in the convent and the heat problem in the Children's Chapel.
- Kevin Belanger, Christine Bruno, Lee Gosselin and Tina who assisted with Special Projects last week
- Thank you to all who are covering the bases while Sister Linda and Sister Catherine are away.



### North Country Ministry 623-2829

3933 Main Street Clothing Center & Baby's Place  
9-12 Monday/ 9-12 Tuesday/ 1-4 Wed, Thursday, Friday  
The Gathering Place is now located at the Presbyterian Church.  
A hot lunch is served each Tuesday and Friday, 11:30A-12:30

Support NCM by buying a raffle ticket  
\$5 makes you eligible for MANY wonderful prizes described on the poster in the narthex.

Purchase a ticket one of two ways:

- 1) wait for John Schroeter to sell them after Mass on March 10/11....
- 2) Or put your money in an envelope, clearly marked with your contact info and purpose, and use the green basket! The parish staff will be sure you get your tickets. and tickets are available

**the Roaring Twenties**



## WE WORSHIP

### Mass Intentions

Sat, 2/25 4:30P Intention of Parishioners  
Sun, 2/26 10AM Special Intention

Req. Aurelie Massimine  
Fri, 3/2 9AM Mass \_\_\_\_\_ Available for Intention  
Sat, 3/3 4:30P Mary Ann Gangsaa Req. Gail DeMarsh  
Sun, 3/4 10AM Dr. Joseph Kelly Req. Mike & Kathy Kelly

Available for Intentions:  
Fri 3/2, Fri 3/9, Fri 3/16,  
Fri 3/23, Sat 3/24, Fri 3/30

**Prayer Chain** edaldamp@yahoo.com or 623-3618 is the contact info for Alice Damp. Would you like to join the prayer chain? It is important ministry.

**Tabernacle Candle** February candle will burn in memory of deceased family and friends of Mercedes and Ralph Rivera. For March, the candle will burn in memory of Wally Chester Brunner as requested by Dawn.



## Is Forgiveness Possible?



Next Sunday, March 4, 2-5PM  
Our Lady of Annunciation  
Keynote / Breakout Groups  
(See bulletin board for further info.)  
Choose your specific breakout group.  
To sign up, speak to Gail DeMarsh or email  
[northcountrycafe@gmail.com](mailto:northcountrycafe@gmail.com)



## Current and "looking into it"

Education and Formation for  
Lectors, Communion Ministers,  
Hospitality Ministers, RCIA Ministers  
**Saturday, March 24, St. Clement's Church**  
231 Lake Ave, Saratoga Springs 9AM to 12:45PM  
Carpooling From St. Cecilia's  
St. Cecilia's Parish will provide fees.  
(Consider this one of your Lenten Activities!)  
Do we HAVE TO??? Why wouldn't we?

## WE TEACH

### K-6 Schedule...

Today, 2/26 NO CLASS  
Sunday, March 4 Super Sunday Kids & Families  
March 11..... Regular K-6 Schedule Resumes

### Confirmation

March 10 Saturday, 8:15A-5PM Grade 10  
Retreat in Corinth for Confirmation Class

### Grades 7-11

Watch the mail for details

### Bible Study

Will resume March 15 and 18  
Thursdays, 10-11:15A and Sundays 8:45-9:30A

### RCIA - Today @ 2:00 pm

Terri Brown will celebrate the Rite of Election at the Cathedral of the Immaculate Conception. Please pray for Terri as she prepares for initiation at the Easter Vigil.

# Lent

## Fast Pray Give Alms WHY??

(Direct from the Diocesan Web Page.... [www.rcda.org](http://www.rcda.org))

Ash Wednesday and Good Friday are days of fast and abstinence. As a sign of our penance, we preserve for the Diocese of Albany the custom of abstinence from meat on the Fridays of Lent. Abstinence binds all Catholics who are 14 years of age and older. Fasting binds all Catholics who are 18 years of age but not yet 59. Fasting refers to the quantity of food eaten. Traditionally, fasting calls for only one full meal per day. By retaining these traditions for our Diocese we do not intend that they be interpreted as laws binding under pain of sin, but as customs from which we will not hold ourselves lightly excused. **They are expressions of our desire to be converted in our hearts, to be reconciled with each other, and to love our neighbor**

### Why are the statues covered?

### Why does the church look so sparse?

The Environment Ministry is creating an atmosphere of emptiness moving toward fullness.... From darkness to light.... From Ash Wednesday to Easter. Little by little, the nave will "come alive!"  
Wait till you experience Easter!!



### Youth in Mission Raffle...

Win a day at Gore Mountain for Two.  
Tickets \$5.00 each Drawing: March 4

Winner will receive two lift tickets good for any non-holiday date in 2012 or 2013  
(All proceeds support the Mission Trip in July)

Raffle tickets now available in the Narthex or from any of the Youth in Mission

### A Colorful and Compassionate Deed for Lent

Recognizing the terrible plight of women and girls in the war-torn Democratic Republic of the Congo, especially in the Eastern Region where systematic rape and torture have become ordinary weapons of war, the Sisters of Charity of the Seton Federation began a simple project to show their solidarity. Since Congolese women usually wear a head covering, the Sisters are sending colorful scarves of any size, manufactured or hand-made, to affirm the dignity and respect due to each woman and girl who has been violated. This effort has been a remarkable success, and the Sisters are inviting others to participate. If you wish to be in communion with our suffering Congolese sisters as part of your Lenten observance, please pray for their relief from all forms of violence. Consider sending one or more lightweight scarves and/or a monetary donation. Please leave all in the basket in the narthex. Thanks!..

### Community Health Screening

First United Methodist Church is pleased to offer a preventive health event. Life Line Screening, a leading provider of community based preventive health screenings will host their affordable, non-invasive, painless health screenings on 3/6/2012. Five screenings will be offered that scan for potential health problems related to: blocked arteries, which is a leading cause of stroke; abdominal aortic aneurysms, which can lead to a ruptured aorta; hardening of the arteries in the legs, which is a strong predictor of heart disease; and atrial fibrillation or irregular heart beat, which is closely tied to stroke risk. Register for a Wellness Package with Heart Rhythm for \$130. All four screenings take 60-90 minutes to complete. **Your Health is in Your Hands, so call 518-859-0750 for a \$10 discount and to pre-register.**

## IN CASE YOU MISSED PART/ALL OF CATHY LAFOND EVANS' PRESENTATION LAST WEEK:

I'd like to talk to you today about something that is very important to me and my family. The subject is MITOCHONDRIAL DISEASES. Many of you may already know that my entire family is afflicted by MITO. "MITO", by the way, is the abbreviation commonly used when referring to mitochondrial diseases. What you probably don't know is that there are actually dozens of other individuals and or families in the surrounding counties affected by MITO. Some of you may also know that I founded a local non profit organization called MITO HOPE AND HELP in memory of my daughter, Randi, who lost her very brave life long battle with MITO in July of 2010. I did this because HOPE and HELP are the two things those afflicted by MITO desperately need, yet they are virtually non-existent at this time. It seems inconceivable in this day and age that anyone would be denied basic appropriate health care but unfortunately, as we all know to well, that can be the case. For those afflicted by MITO its much worse because even if you have insurance coverage, doctors that can recognize, diagnose and treat mito patients are very few and far between. Further complicating matters, usually the doctors who are knowledgeable and trained to care for MITO patients are pediatricians and if you are an adult patient with MITO you are left without knowledgeable, trained physicians able to care for you. The reason for this is: When research scientists first discovered MITOCHONDRIAL DEFECTS, which lead to MITOCHONDRIAL DISEASES in the 1950's, they assumed these were incompatible with life. They felt only babies who died before or shortly after birth could have MITO and that's why only pediatric doctors were trained to deal with these diseases. In the mid 1990's a handful of doctors throughout the country began recognizing, diagnosing and treating MITO patients with any kind of regularity. Again, initially the main focus was on infants and very young children. As time went on doctors began documenting MITO in older children and adults. Despite the fact that my children were born with obvious multiple health problems from birth, the majority of which were unique manifestations, it took our family 19 years before we were finally properly diagnosed with MITO. That was in 2001, the same year all 3 of my children were seniors in high school. If anyone is interested in our story I published a book which is available called, MY CHILDREN AND MITO. That was nearly 4 years ago and a great deal has transpired since then. I am currently in the process of revising my book to include the last four years. If interested you can go to my website, MITO HOPE AND HELP, and read the draft version of the past 4 years which is not yet part of my published book. I want to give you a brief overview about MITO. I've provided brochures that will reiterate as well as go into further details about this very complex, devastating group of diseases. I also encourage you to visit our website- [www.mitohopeandhelp.com](http://www.mitohopeandhelp.com) which is listed on the brochures. (See Brochure) Well, that's a basic overview of MITO. To give you an idea of just how complicated these diseases can be my daughter Randi had every one of the symptoms / problems listed on the inside, right, of the brochure. GOD created Randi and sent her to this earth in an earthly body incompatible with life. GOD also created Randi with the most unique, special soul I've ever known! GOD entrusted her to me and I know she was sent here on a mission! Randi and I envisioned a day when there would be a special hospital just for MITO sufferers of all ages. Besides raising awareness of MITO today I'd like to ask each of you to help make Randi's dream a reality. Some of you may think I am crazy, that our dream is too far fetched and unobtainable. However, I have seen GOD's work and I believe, beyond a shadow of a doubt, that miracles do happen and that in GOD's name anything is possible! Each of you can help by talking to GOD and asking him to please help us make this dream a reality! There are other simple, free, ways you can help MITO HOPE AND HELP as well which I'll talk about in a minute but this is the most important of all and its all I am asking of anyone! Another way of helping MITO HOPE AND HELP is to stop in a branch or call TD Bank, if you're a customer, and tell them you support MITO HOPE AND HELP through the AFFINITY MEMBERSHIP PROGRAM. Its that easy! Nothing is deducted from your account, everything is confidential between you and the bank. TD bank will donate to MITO HOPE AND HELP, yearly, based upon a percentage of the supporters balances. THANK YOU EVERYONE! THANK YOU GOD!

(MITO HOPE AND HELP is the recipient of St. C's Alms this Lent. Thank you for caring!! slh)